



Sealyham -

Watersports

Enrichment week – Year 8

July 13-15th 2026

Sign up via [parentpay](#)

- ✓ Coastal Environment
- ✓ Pembrokeshire (Wales)
- ✓ 3 day trip
- ✓ Transport, accommodation and food
- ✓ All equipment
- ✓ £323
- ✓ We went last year and the year 8's had a fantastic time!





Activities



Our focus is watersports, but you will also do some other activities too!



Land-Activities	Off-Ground	Water-Sports	Evening Activities
Orienteering	Rock Climbing	Surfing	Campfire
Bushcraft Skills	Abseiling	Coasteering	Assault course
Team Challenge	High-Ropes	Paddle-Sports (<i>SUPs, Kayaks, Canoe</i>)	Trim-Trail
Target Sports	Crate Stack	Raft-Building	Team Games
Hill-walk	Low-Ropes		Night-Line
			Evening Walk
Cultural Visits			Film Night



Example 3 day Itinerary



Sample Itinerary

DAY 1

ARRIVAL

Due to the uncertainty of journey times we keep the first day simple. After settling into rooms and a brief introduction to the Centre we will issue to equipment that will be used for the trip.

LUNCH

RAFT BUILDING

Raft building encourages lateral thinking. Each team needs designs a craft that will carry the whole team across the lake and complete a series of tasks. Creativity communication and perseverance all come into play to complete this fun challenging task.

DINNER

EVENING ACTIVITIES

Sealyham has a range of evening activities. These include campfire time, team games and team orientated outdoor activities such as obstacle courses and nightline.

DAY 2

BREAKFAST

SURFING

Your instructor will issue you the kit required for the activity. Then you will head off to one of Pembrokeshire's beautiful beaches. Once there you will learn about beach & wave safety and how to surf safely. Then get ready to ride the waves!

LUNCH

HIGH / LOW ROPES

Your instructor will issue you the kit required for the activity. You will head off to our purpose built high ropes course where you will have all your senses challenged as you go around the course with the help of your friends and overseen by our instructors.

DINNER

EVENING ACTIVITIES

Sealyham has a range of evening activities. These include campfire time, team games and team orientated outdoor activities such as obstacle courses and nightline.

DAY 3

BREAKFAST

CLIMBING / ABSEILING

Climbing is about both physical and mental challenge. Participants set their own goals and will be encouraged by our instructors to achieve these goals. We use our local cliffs which offer climbs of varying difficulty, suitable for all abilities.

LUNCH

DEPARTURE

As part of the young peoples responsibility they are expected to return the equipment in good order which may involve cleaning items.



Accommodation

Our bedrooms are made up of bunk bedrooms which are mostly en-suite, bedding is provided by Sealyham for your stay.



Sample Food Menu



	Breakfast	Lunch	Dinner
Monday		Arrive	Burger kitchen Beef or veggie burger with brioche bun, fries and coleslaw Bread and butter pudding
Tuesday	Cereal, sausages, hash browns, baked beans and bread roll	Packed lunch	Beef bolognese or penne vegetable pasta, garlic bread, salad. Apple crumble
Wednesday	Cereal, bacon, eggs, beans, bagels along with orange juice.	Packed lunch	




Sealyham
an Active Learning Centre 

If you are interested there are still spaces available, we can take up to 40 students. If we are oversubscribed a draw will take place.

If you have any further questions, please speak to Mr Wright, Mrs Carr or Mrs Brazendale as they all went last year.

