

P1.1: **Forces**

Lesson	Objectives Tracker Sheet	Date covered	I know this well	I need to do more work on this
1.1 Introduction to forces	Explain what forces do			
	Describe what is meant by an interaction pair			
1.2 Squashing and stretching	Describe how forces deform objects			
	Explain how solid surfaces provide a support force			
	Use Hooke's Law			
1.3 Drag forces and friction	Describe the effect of drag forces and friction			
	Explain why drag forces and friction arise			
1.4 Forces at a distance	Describe the effects of a field			
	Describe the effect of gravitational forces on Earth and in space			
1.5 Balanced and unbalanced	Describe the difference between balanced and unbalanced forces			
	Describe situations that are in equilibrium			
	Explain why the speed or direction of motion of objects can change			