

### B8: Exchange and Transport in Animals

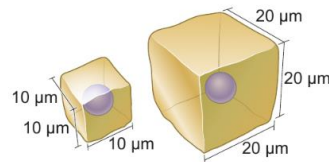
#### Lesson sequence

1. Efficient exchange and transport
2. Factors affecting diffusion
3. The circulatory system
4. The heart
5. Cellular respiration
6. Core practical – respiration rates

#### 1. Efficient exchange and transport

<b>Substances needed by body</b>	Oxygen, glucose, nutrients.
<b>Waste products</b>	Carbon dioxide, urea.
<b>Transport</b>	Moving substances around the body.
<b>Exchange</b>	Moving substances in and out of our cells.
<b>Diffusion</b>	The way substances move in and out of cells – they diffuse from high to low concentration.
<b>Increasing diffusion</b>	High surface area, thin surfaces
<b>Surface area:volume ratio</b>	Surface area / volume.
<b>Importance of SA:volume ratio</b>	A higher ratio means there is more surface area, so substances can diffuse in and out of cells more quickly.
<b>Alveoli</b>	<b>Role:</b> Air sacs in lungs where CO <sub>2</sub> and O <sub>2</sub> are exchanged. <b>Adaptations:</b> millions of them gives a high surface area, good blood supply maintains a high concentration gradient, thin walls increases diffusion.

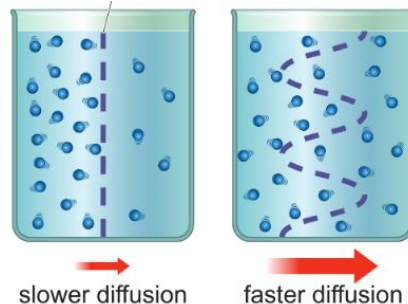
$$\text{rate of diffusion} \propto \frac{\text{surface area} \times \text{concentration difference}}{\text{thickness of membrane}}$$



surface = $6 \times (10 \times 10)$ area = $600 \mu\text{m}^2$	surface = $6 \times (20 \times 20)$ area = $2400 \mu\text{m}^2$
volume = $10 \times 10 \times 10$ = $1000 \mu\text{m}^3$	volume = $20 \times 20 \times 20$ = $8000 \mu\text{m}^3$
SA:V = $\frac{600}{1000}$ = 0.6	SA:V = $\frac{2400}{8000}$ = 0.3

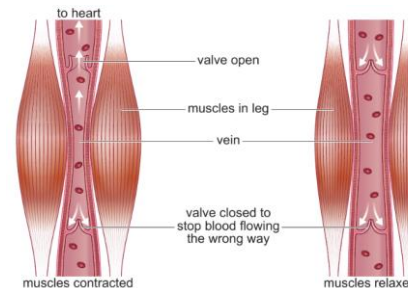
#### 2. Factors affecting diffusion

<b>Concentration</b>	The amount of a sub-component in a solution.
<b>Concentration gradient</b>	The difference in concentration between two points.
<b>Surface Area</b>	The amount of exposed area of an object or organism.
<b>Linear relationship</b>	If you double one variable, the other will double as well. The two variables give a straight-line graph.
<b>Directly proportional</b>	The rate of increase in one variable is the same as the rate of increase in the other variable.
<b>Inversely proportional</b>	The rate of increase in one variable is the same as the rate of decrease in the other variable.
<b>Fick's law</b>	Describes the relationship between the rate of diffusion and the three factors that affect diffusion.



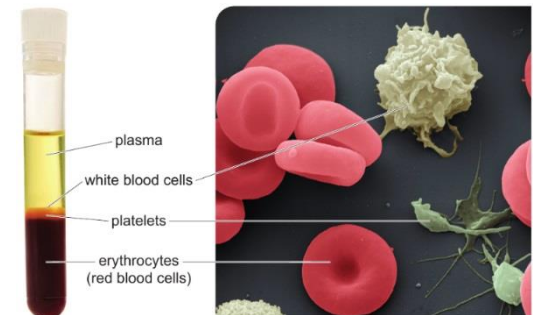
#### 3. The Circulatory system

<b>Circulatory system</b>	Your heart, arteries, capillaries and veins which work together to pump blood around the body.
<b>The role of blood</b>	To carry oxygen and nutrients to our cells and take waste products away.
<b>Arteries</b>	<b>Role:</b> Carry blood away from the heart. <b>Adaptations:</b> Thick muscle walls to withstand the high pressure, elastic fibres to stretch as pressure increases during a pulse.
<b>Capillaries</b>	<b>Role:</b> To exchange nutrients and waste between the blood and cells. <b>Adaptations:</b> Thin walls to increase diffusion, many of them to give a high surface area.
<b>Veins</b>	<b>Role:</b> To carry blood towards the heart. <b>Adaptations:</b> Thin walls because pressure is low, wide because blood is moving slowly, valves so blood flows right way.



<b>Pulse</b>	A rhythmic beating in the arteries caused by the beating of the heart.
<b>Components of blood</b>	Plasma, red blood cells, white blood cells, platelets.

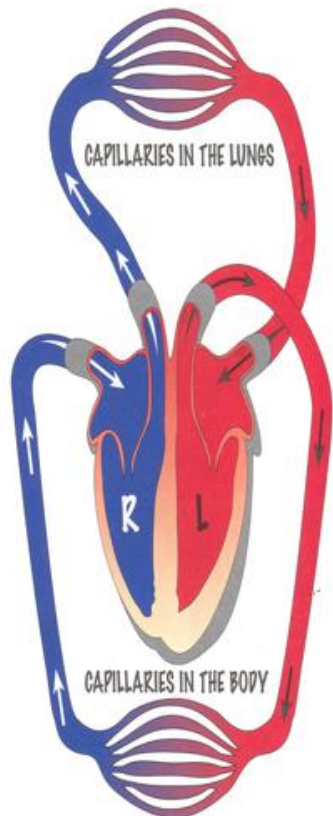
<b>Plasma</b>	A straw-coloured liquid that carries the blood cells and dissolved substances such as urea, carbon dioxide and glucose.
<b>Red blood cells (erythrocytes)</b>	Contain haemoglobin to carry oxygen around the body.
<b>White blood cells</b>	Fight pathogens (infections). Many types including: <b>Phagocytes</b> – engulf ('eat' pathogens). <b>Lymphocytes</b> – produce antibodies to attack pathogens.
<b>Platelets</b>	Small fragments of cells that help the blood to clot when you are cut.



#### 4. The heart

<b>Heart</b>	A double pump that pumps blood: <b>Right side:</b> to lungs <b>Left side:</b> around the whole body.
<b>Atria (atria)</b>	The two chambers at the top of the heart. Right: receives blood from body Left: receives blood from lungs.
<b>Ventricles</b>	The two chambers at the bottom of the heart Right: pumps blood to lungs Left: pumps blood to body.

<b>Valves</b>	Prevent blood from flowing from the ventricles back to the atria.
<b>Vena cava</b>	Carries blood from the body into the right atrium.
<b>Pulmonary artery</b>	Carries blood from the right ventricle to the lungs.
<b>Pulmonary vein</b>	Carries blood from the lungs to the left atrium.
<b>Aorta</b>	Carries blood from the left ventricle to the body.
<b>Cardiac output</b>	Cardiac output = stroke volume x heart rate.
<b>Increasing cardiac output</b>	Stronger heart beats (higher stroke volume), higher heart rate.

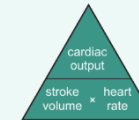


### Worked example

Calculate the cardiac output of a heart that pumps out 0.083 litres of blood 59 times per minute.

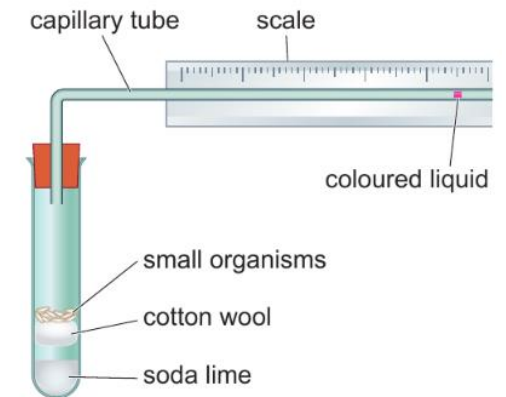
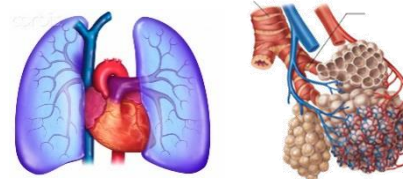
$$\text{cardiac output} = \text{stroke volume} \times \text{heart rate}$$

$$\text{cardiac output} = 0.083 \times 59 = 4.9 \text{ litres/min (to 2 significant figures)}$$



5. Cellular respiration	
<b>Respiration</b>	An exothermic reaction carried out in all living cells to release energy from food molecules such as glucose.
<b>Aerobic respiration</b>	The main type of respiration, which takes place in mitochondria and uses oxygen.
<b>Aerobic equation</b>	glucose + oxygen → carbon dioxide + water
<b>Anaerobic respiration</b>	A form of respiration that releases less energy but extremely quickly. Takes place in the cytoplasm.
<b>Anaerobic equation</b>	Glucose → lactic acid
<b>Role of aerobic respiration</b>	To provide an energy boost during intense exercise when aerobic respiration alone isn't enough.
<b>Lactic acid</b>	A poison that builds up in muscles during anaerobic respiration leading to muscle tiredness and cramp.
<b>Excess post-exercise oxygen consumption</b>	We continue to breath heavily and have a high heart rate after exercise to get lots of oxygen to the muscles to oxidise harmful lactic acid to CO <sub>2</sub> and H <sub>2</sub> O.

6. Core practical – rate of respiration (CP7)	
<b>CP7 – Key question</b>	How does temperature affect the rate of respiration in small animals?
<b>CP7 - Set up the respirometer</b>	Place some soda lime (absorbs CO <sub>2</sub> ) into the test tube put a protective layer of cotton wool over it, add ten maggots, insert in bung with capillary tube and put in water bath to adjust for 5 mins.
<b>CP7 - Run the respiration experiment</b>	Dab the open end of the capillary tube with red food colouring and start the stopwatch.
<b>CP7 - Record results</b>	Every five minutes for fifteen minutes, measure the distance travelled by the food colouring.
<b>CP7 - Vary the temperature</b>	Repeat the experiment in water baths set to different temperatures.
<b>CP7 - Results</b>	The higher the temperature, the faster the animals respire.



### Exam-style questions

- State the gas produced by aerobic respiration in the organisms. (1 mark)
  - Explain fully why the blob of coloured liquid moves in the capillary tube. (3 marks)
- Describe one way in which the risk of harm is reduced in this experiment. (1 mark)
- A student suggests using a small paintbrush to move the small organisms from a tray into her weighing boat. State why this would be a good idea. (1 mark)
- Describe how you would set up a control tube. (1 mark)
  - Explain why a control tube is necessary. (2 marks)
- The experiment was set up using three large tubes at 25 °C. One tube was a control, one contained 20 g of active mealworms, and the other contained 20 g of slow-moving waxworms.

  - State the two control variables in this experiment. (2 marks)
  - State the independent variable. (2 marks)
  - In five minutes, the blob of coloured liquid moved 10 mm for the mealworms. Predict what would happen in the other two tubes. (2 marks)
  - Explain your predictions. (2 marks)
  - The moving of the liquid by 10 mm corresponds to a total change in volume of 5 mm<sup>3</sup>. Calculate the rate of respiration in terms of the volume of oxygen used up per gram of organism per minute. Show your working. (2 marks)
- State the lowest and the highest temperature at which you would test the respiration rate in small organisms. Give reasons for your choices. (2 marks)
- Table C shows the results of one experiment to measure the effect of temperature on the respiration rate of waxworms.

  - Explain why the measurements were repeated for each temperature. (1 mark)
  - Plot all the results on a scatter graph. (2 marks)
  - Identify the anomalous result. (1 mark)
  - Suggest an explanation for this anomalous result. (1 mark)
  - Draw a line of best fit through the remaining points. (1 mark)
  - Describe the correlation shown in your graph. (1 mark)
  - Suggest an explanation for this correlation. (2 marks)

### Exam-style question

Suggest an explanation for why the heart is sometimes called a 'double pump'. (2 marks)