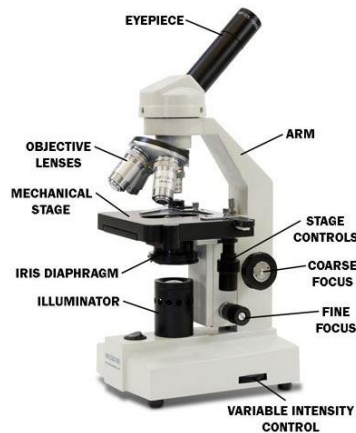


### B1: Biology key concepts

#### Lesson sequence

1. Microscopes
2. Plant and animal cells
3. Measuring cells
4. Core practical: using microscopes
5. Specialised cells
6. Inside Bacteria
7. Enzymes and Nutrition (Digestive enzymes)
8. Core practical: testing Foods
9. How enzymes work
10. Factors affecting enzymes
11. Core practical: enzymes and pH
12. Transporting Substances
13. Core practical: osmosis in potatoes



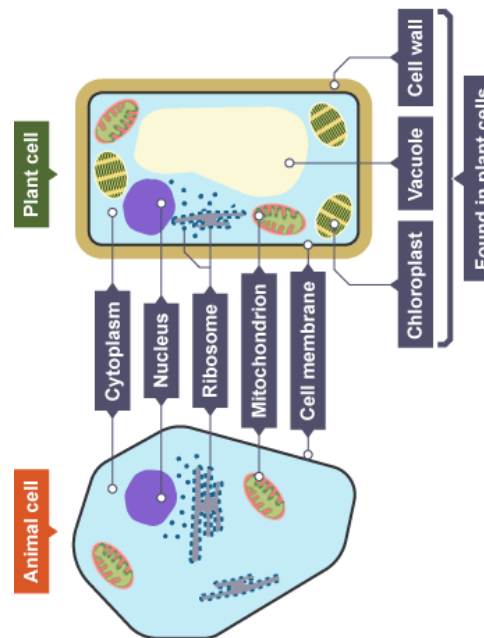
<b>Nano</b>	Billionth, $1 \times 10^{-9}$ (a nanometre is a billionth of a metre).
<b>Pico</b>	Trillionth, $1 \times 10^{-12}$ (a picometre is a trillionth of a metre).

Prefix	Effect on unit	Example
milli-	+ 1000	millimetres (mm)
micro-	+ 1 000 000	micrometres ( $\mu\text{m}$ )
nano-	+ 1 000 000 000	nanometres (nm)
pico-	+ 1 000 000 000 000	picometres (pm)

#### 2. Plant and animal cells

<b>Cell</b>	The basic structural unit of all living things (the building blocks of life).
<b>Parts of an animal cell</b>	Cell membrane, cytoplasm, nucleus, ribosomes, mitochondria.
<b>Parts of a plant cell</b>	Cell membrane, cytoplasm, nucleus, ribosomes, mitochondria, cell wall, permanent vacuole, chloroplasts.
<b>Cell membrane</b>	Controls what enters and leaves the cell.
<b>Cytoplasm</b>	A jelly-like substance where chemical reactions take place.
<b>Nucleus</b>	Contains DNA and controls the cell.

<b>Ribosome</b>	Produces proteins.
<b>Mitochondria</b>	Releases energy by aerobic respiration.
<b>Cell wall</b>	Protects and supports the cell, made of cellulose.
<b>Permanent vacuole</b>	Stores sap and helps to support the cell.
<b>Chloroplast</b>	Where photosynthesis happens, contains chlorophyll.



#### 3. Measuring cells

<b>Micrograph</b>	A picture produced by a microscope.
<b>Light microscope</b>	A microscope that uses light, can magnify up to 1500 times.
<b>Electron microscope</b>	A microscope that uses electrons to produce an image, can magnify up to 1,000,000 times.
<b>Actual size of a cell</b>	Actual size = measured size / magnification

<b>Convert mm to <math>\mu\text{m}</math></b>	Micrometres ( $\mu\text{m}$ ) = millimetres (mm) x 1000
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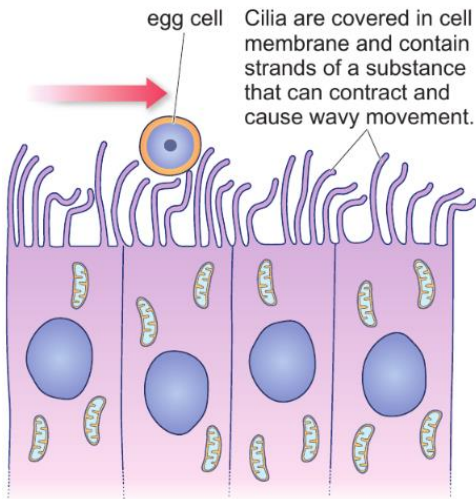
#### 4. Core practical – using microscopes (CP1)

<b>CP1 – key question</b>	What do cells look like under a light microscope?
<b>CP1 – Prepare the slide</b>	Collect the cells you are studying and place them on the slide. Add a drop of stain and cover with a cover slip.
<b>CP1 – Select lens</b>	Choose between the 4x, 10x and 40x objective lenses.
<b>CP1 – Place slide in microscope</b>	Place slide on microscope stage, adjust the coarse focus until the lens is just touching the slide.
<b>CP1 – Rough focus</b>	Looking through the eyepiece, slowly adjust the coarse focus until you see a rough image.
<b>CP1 – Fine focus</b>	Looking through the eyepiece, slowly adjust the fine focus until you see a sharply focussed image.
<b>CP1 – Record the image</b>	Draw what you see, label any cell parts you can recognise and repeat with different objective lenses.
<b>CP1 - Results</b>	As you increase the magnification of the objective lens, the cells appear larger and more detailed.

#### 5. Specialised cells

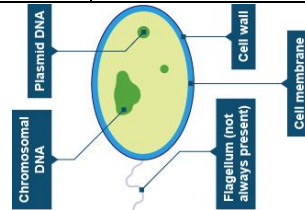
<b>Small intestine cell</b>	<b>Job:</b> To absorb small food molecules produced during digestion. <b>Adaptations:</b> Tiny folds called microvilli that increase their surface area.
<b>Sperm cell</b>	<b>Job:</b> Fertilise an egg and deliver male DNA. <b>Adaptations:</b> A tail to swim, mitochondria to give energy for swimming, an acrosome to break through the egg's jelly coat, haploid nucleus with only half the total DNA.

<b>Egg cell</b>	<b>Job:</b> To be fertilised by a sperm and then develop into an embryo. <b>Adaptations:</b> Jelly coat to protect the cell, many mitochondria and nutrients to provide energy for growth, haploid nucleus with only half the total DNA.
<b>Ciliated epithelial cell</b>	<b>Job:</b> To clear mucus out of your lungs (and other internal surfaces). <b>Adaptations:</b> Small hairs on the surface – called cilia – which wave to sweep mucus along.



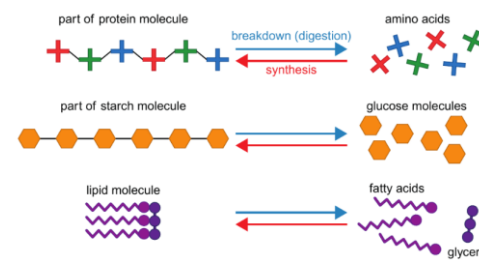
6. Inside bacteria	
<b>Parts of a bacterial cell</b>	<b>All bacteria:</b> Cell membrane, cell wall, cytoplasm, ribosomes, chromosomal DNA, plasmid DNA <b>Some bacteria:</b> flagellum.
<b>Chromosomal DNA</b>	Large piece of DNA containing most genes.
<b>Plasmid DNA</b>	Small loops of DNA containing a few genes.
<b>Flagellum</b>	A tail used for movement.
<b>Eukaryotic cells</b>	Cells with a nucleus.

<b>Prokaryotic cells</b>	Cells without a nucleus.
<b>Standard form</b>	A way of writing numbers in terms of powers of ten. E.g.  $0.015 = 1.5 \times 10^{-2}$ $0.000458 = 4.56 \times 10^{-4}$  The index of ten (the 'minus' number) tell you which decimal point to start on.



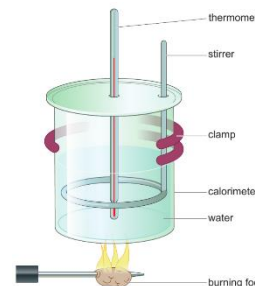
### 7. Enzymes and nutrition (Digestive enzymes)

<b>Digestion</b>	Breaking large food molecules down into ones small enough to be absorbed by the small intestine.
<b>Catalyst</b>	A substance that speeds up a chemical reaction without being used up.
<b>Enzyme</b>	A protein that works as a catalyst to speed up the reactions in our cells.
<b>Digestive enzymes</b>	Enzymes that break large food molecules down into smaller ones.
<b>Amylase</b>	<b>Where found:</b> saliva, small intestine <b>What it does:</b> breaks down starch into simple sugars such as maltose
<b>Lipase</b>	<b>Where found:</b> small intestine <b>What it does:</b> breaks down fats into fatty acids and glycerol
<b>Protease</b>	<b>Where found:</b> stomach (pepsin), small intestine (trypsin) <b>What it does:</b> breaks down proteins into amino acids

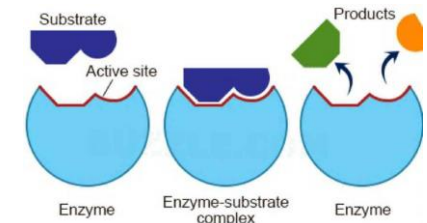


### 8. Core practical: testing foods (CP2)

<b>CP2 - Chemical reagents</b>	A compound or mixture used to find out whether or not a specific chemical substance is present.
<b>CP2 - Reducing sugars</b>	The smallest sugars (including glucose and fructose)
<b>CP2 - Benedict's solution</b>	A chemical test used to determine if reducing sugars are present. The solution's colour changes from blue to brick red.
<b>CP2 - Biuret solution</b>	A chemical test used to determine if protein is present. The solution's colour changes from blue to purple.
<b>CP2 - Ethanol emulsion test</b>	A test used to determine if fat is present. Food is mixed with ethanol and shaken. Some of the mixture is poured into water. A cloudy emulsion is formed if fats are present.
<b>CP2 - Calorimeter</b>	an apparatus for measuring the amount of heat involved in a chemical reaction or other process.

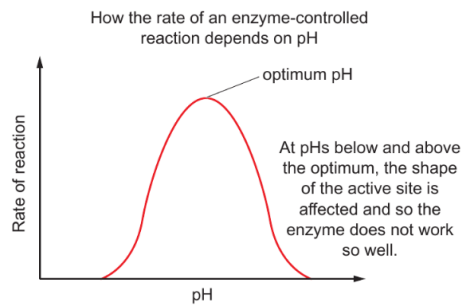


9. How enzymes work	
<b>Substrate</b>	The chemical(s) that an enzyme works on.
<b>Active site</b>	An area of an enzyme with the same shape as the substrate.
<b>Lock and key mechanism</b>	The substrate moves into the active site and reacts to form the products. The products leave the active site so another substrate can then enter and so on.
<b>Specificity</b>	Each enzyme can only work on one substrate because the shape of the active site has to match.
<b>Denature</b>	When the shape of the active site changes shape so the enzyme stops working.

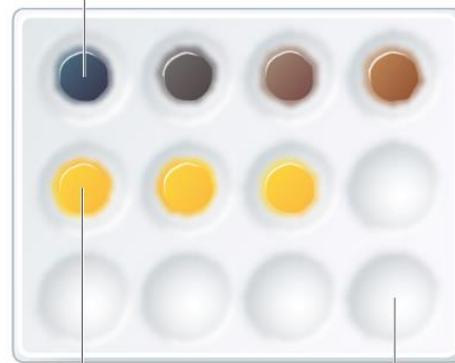


### 10. Factor affecting enzymes

<b>Optimum temperature</b>	The temperature when an enzyme works fastest (about 37°C for human enzymes).
<b>Changing the temperature</b>	<b>Increasing to optimum:</b> rate increases because particles move faster <b>Increasing past optimum:</b> rate decreases as enzyme denatures
<b>Optimum pH</b>	The pH when enzymes work fastest (around pH 6-8 for most human enzymes)
<b>Changing pH</b>	Rate decreases as you move away from the optimum because the enzyme denatures.
<b>Increasing substrate concentration</b>	At first the rate increases, but then it levels out as the enzyme is working as fast as possible.



A blue/black colour indicates the presence of starch.



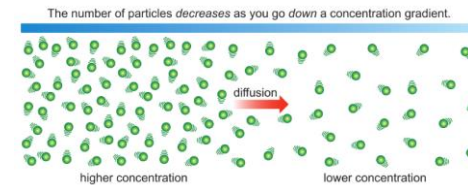
A yellow/orange colour that no longer changes indicates that the reaction is complete.

well tray

## 12. Transporting substances

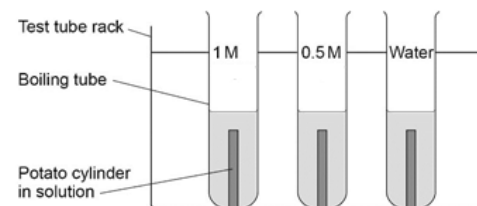
<b>Concentration</b>	The number of particles in a given volume (the strength of a solution).
<b>Concentration gradient</b>	The difference in concentration between two neighbouring areas.
<b>Diffusion</b>	The movement of particles from high to low concentration (down a concentration gradient).
<b>Diffusion examples</b>	<b>Lungs:</b> oxygen into blood, carbon dioxide out of blood <b>Leaf:</b> carbon dioxide into leaf, oxygen out of leaf.
<b>Partially permeable membrane</b>	A membrane that allows some molecules but not others to pass through it (like a cell membrane).
<b>Osmosis</b>	The movement of water across a partially permeable membrane from high water/low solute conc to low water/high solute conc.
<b>Osmosis examples</b>	Water into plant roots, water in/out of any cells.

<b>Active transport</b>	Using energy to move substances from low to high concentration (up a concentration gradient).
<b>Active transport examples</b>	Minerals being absorbed into plant roots.



## 13. Core practical – osmosis in potatoes (CP4)

<b>CP4 – Prepare potatoes</b>	Cut six similar pieces of potato, blot them dry and weigh them.
<b>CP4 – Run the experiment</b>	Place each potato piece in a test tube with sucrose (sugar) solutions with concentrations from 0% to 50%
<b>CP4 – Record results</b>	Blot each potato piece dry and re-weigh it.
<b>CP4 – Calculate percentage mass change</b>	% change = (final value – starting value) / starting value x 100
<b>CP4 – Results</b>	Potato in weaker sucrose solutions gain mass because water enters potatoes by osmosis, those in stronger solutions lose mass as water leaves by osmosis.



## 11. Core practical – enzymes and pH (CP3)

<b>CP3 – key question</b>	How does the rate that amylase works change as you change the pH?
<b>CP3 – Prepare your reactants</b>	Place starch solution, amylase solution and pH 7 buffer into separate test tubes and warm them in a water bath at 40°C
<b>CP3 – Prepare your dropping tile</b>	Place a few drops of iodine solution into each well of a spotting tile.
<b>CP3 – Start the reaction</b>	Mix reactants together, start the stopwatch and keep the mixture warm in the water bath.
<b>CP3 – Test for starch</b>	Remove a small amount of mixture and place in a well on the spotting tile.
<b>CP3 – Record your results</b>	Repeat the test until the mixture does not go black (no starch). Record the time.
<b>CP3 – Vary the pH</b>	Repeat with different pH buffers from pH 3 to pH 10
<b>CP3 – Results</b>	The amylase works fastest around pH 7 and more slowly at pH high or lower than this.

### Exam-style question

The enzyme pepsin digests proteins. Pepsin is denatured at pH 8. Explain what this means. (2 marks)