



Dear Parents/Carers,

Thank you for your support and encouragement as we prepare for a phased return of students to school from Monday 8th March. Over the weekend I expect there will be rummaging for school bags, uniform and equipment taking place, along with thoughts about packed lunches or ensuring ParentPay is topped up. We are very much looking forward to getting our students back in classrooms, so thank you in advance for the efforts you will be making to ensure they return on their respective day fully prepared.

Mr Longhurst, Assistant Headteacher, has sent out a virtual assembly for students so that they have a reminder of how school operates during the phased return, how Lateral Flow Testing will be arranged and other general updates, including the requirement for students to wear a face covering in classrooms, at least until the Government have reviewed this instruction at Easter.

Dr Wood, Deputy Headteacher has contacted Year 11 students today to inform them of the things that they will need to bring for the morning session on Monday 8th, when all students will remain in the exam hall whilst the Lateral Flow Testing takes place. Other year groups will have work provided to do when it is their turn to return.

Yesterday we tentatively trialled a virtual Progress day for Year 7 so that parents/carers could talk with / see their child's teacher for each subject. As we have never done this before, unsurprisingly there were some glitches that were nobody's fault and not within our control.

Where things didn't work and parents/carers have let us know, we will do our best to ensure that subject teacher make contact with you again.

Thank you for your understanding and appreciation that we were trying something new and for your words of praise where parents/carers found the system worked well.

With best wishes for a good weekend.

John Parr
Headteacher

Lunches and snacks

If you would like your child to have schools meals, please can you ensure that you have credited your ParentPay account.



Phased return dates for students

The phased return of all students will commence on Monday 08th March. The DfE guidance makes it clear that Year 11 and Year 10 students, in their exam years, should return ahead of Key Stage 3 children. We will therefore phase the return of each year group across the week as below:

- Year 11 return on Monday 08th March.
- Year 10 return on Tuesday 09th March.
- Year 9 return on Wednesday 10th March.
- Year 8 return on Thursday 11th March.
- Year 7 return on Friday 12th March.

Distance learning update



Plans are well in hand for the welcoming back of students into school next week and staff are looking forward to returning to face to face lessons and resting their eyes after weeks of looking at a computer screen. This return to face-to-face lessons does not mean the end of the use of Teams, as there are several features that make it incredibly powerful for setting homework and revision activities, so we will continue to use it where appropriate. This will also allow students to keep practising using Teams so that the various features remain fresh in their memories and make its use efficient, should it be called into use during a future lockdown period. We have everything crossed that this will not be the case, but it would be a shame to lose these new found skills given their importance in the success of our distance learning provision. The move from distance learning to face-to-face learning next week will mean that live lessons via Teams will not always be possible, however, work will be set on Go4Schools to ensure there is no loss of learning time.

On Thursday 4th March we trialled the use of the School Cloud Parents' evening video meeting platform for the Year 7 progress day, which gave parents/carers the opportunity to meet with their child's teachers and discuss distance learning and the next steps in supporting their progress. Teaching staff were very positive about the system and appreciated the chance to meet with parents/carers. We have sent a questionnaire to all Year 7 parents to get their feedback on their experience of the system, so that we can identify whether this system would be suitable for future Progress evenings during this academic year. If you are a Year 7 parent and have not had the chance to complete the questionnaire, we would be most grateful if you could by following the link in the email you were recently sent.

Those students who have loaned a Chromebook/laptop from the school can return them when they return to school during the week beginning Monday 8th March. Mr Morgan will take the opportunity to carry out updates and service each device ready for them to be used in school as part of the catch-up plan. We hope that this will be the final period of distance learning, but should it be necessary for the school to partially or fully close, a device will be made immediately available to those students who have previously benefitted from a loan device. This will ensure there are no gaps in their learning and once again thank you to everyone involved in making donations to ensure we have enough devices in school to meet this demand.

As we will be returning to face-to-face learning next week this will be the last distance learning update for the time being (hopefully the last one ever!). On behalf of all the staff at Church Stretton School I would like to thank all parents/carers for the support they have given staff and students during these challenging times. Successful distance learning is a real team effort and we do not underestimate the very important role played by parents/carers in this success.



Key Stage 4 Student of the Week



Winners and nominees for this week are listed below....

Aidan Dales Nominated by Mrs Rumsey for constant good attitude and work ethic throughout online learning.

Lydia Law Nominated by Mr Roberts for outstanding work in English.

Elisha Tudor Nominated by Mrs Pugh for excellent effort in English

Aaron Northwood Nominated Mr Mottram for consistent effort in virtual lessons and at home on Component 2 work feedback.

Miss Sollars	Niamh Kelly	Outstanding work in History Notebook
Mr Arkwright	Sioned Morris	For putting the maximum of effort into their work and making useful contributions to lessons
Mr Arkwright	Ella Singleton	For putting the maximum of effort into their work and making useful contributions to lessons
Mr Basnett	Phoebe Watkins	Incredible determination to improve which is really beginning to make a difference.
Mr Bird	Laura Brian	Fantastic contributions to her Teams Chemistry lessons
Mr Bird	Isabella Healey	Fantastic contributions to her Teams Chemistry lessons
Mr Bird	Dave Jones	Fantastic effort and enthusiasm in Chemistry
Mr Bird	Cody Price	Fantastic effort and enthusiasm in Chemistry
Mr Clarkson	Gideon Turner	Valuable lesson contributions
Mr Jones	Natalee Evans	Outstanding coursework on the Rules, Regulations and Scoring Systems topic in BTEC PE
Mr Mottram	Aaron Northwood	Consistent effort in virtual lessons and at home on Component 2 work
Mr Roberts	Cody Price	Excellent work in English.
Mr Roberts	Lydia Law	Outstanding work in English.
Mrs Davis	Lucy Pool	Outstanding work.
Mrs Davis	Imogen Ingles	Perseverance in the persist of excellence.
Mrs Fletcher Tyrie	Lauren Stevens	Resilience and outstanding portraiture work.
Mrs Fletcher Tyrie	Flynn Solomons	Outstanding portraiture work in Art
Mrs Fletcher Tyrie	Grace Martin	Excellent sketchbook work in Art
Mrs Fletcher Tyrie	Ria Marland	Excellent sketchbook work in Art
Mrs Proffitt	Felicity Davies	Excellent result in French assignment
Mrs Proffitt	Harry Lawrence	Excellent result in French assignment
Mrs Pugh	Elisha Tudor	Excellent effort in English
Mrs Pugh	Zack Handley	100% correct in the English quiz
Mrs Rumsey	Aidan Dale	Constant good attitude and work ethic throughout online learning.
Mrs Scott	Rhiannon castle	Outstanding engagement and contributions during online learning
Mrs Scott	Jess Nichols	Outstanding engagement and contributions during online learning
Mrs Scott	Chris Davies	Outstanding engagement and contributions during online learning
Mrs Scott	Georgia Davies	Outstanding engagement and contributions during online learning
Mrs Scott	Kieven Liu	Outstanding engagement and contributions during online learning
Mrs Scott	Cody price	Outstanding engagement and contributions during online learning
Mrs Scott	Aidann Dales	Outstanding engagement during online learning
Mrs Scott	James Tipton	Excellent engagement during online learning and asking questions to further his learning
Mrs Walker (TA)	Maddy Cumberlidge	Fantastic effort and commitment in Maths.



School Uniform

We anticipate that, at this point in the year, some of our rapidly growing young people have already outgrown uniform items which will have had less wear than usual.

We hope that if you have any of the listed items below in excellent condition that you/ your child would bring them into school for other students to benefit from.

We are looking for :

Trousers Skirts School sweatshirts

Kind regards and thanks in anticipation,

Su Quye (SENCo and Safeguarding)



Accelerated Reader



Once again well done to the following students for reaching their targets.

Year 7

Alex Costa-Veiga

Reuben Cowley

Elsa Lovelock

Year 8

Euan France

Sophie Mackechnie

Freddie Westall

Isla Skelly

Reuben Cowley's poem about his pet dog – Louie.

Louie

Like a silver bullet,
At the speed of white,
Wait one second and he's gone from sight,
With his lovely ginger and white fur,
When he sleeps he really loves to purr,
When he steals something he is not supposed to chew,
We burst into a sprint and all shout 'Lou!'
He'll eat anything,
Even a brick,
But his most favorite snack is a denti-stick,
He is a good companion, he is a good friend,
And he will be with us until the end

Congratulations to last week's
winners

Student:: Grace Sansom Yr11

Staff: Miss Sollars

When we return to the school I building prizes will be distributed.

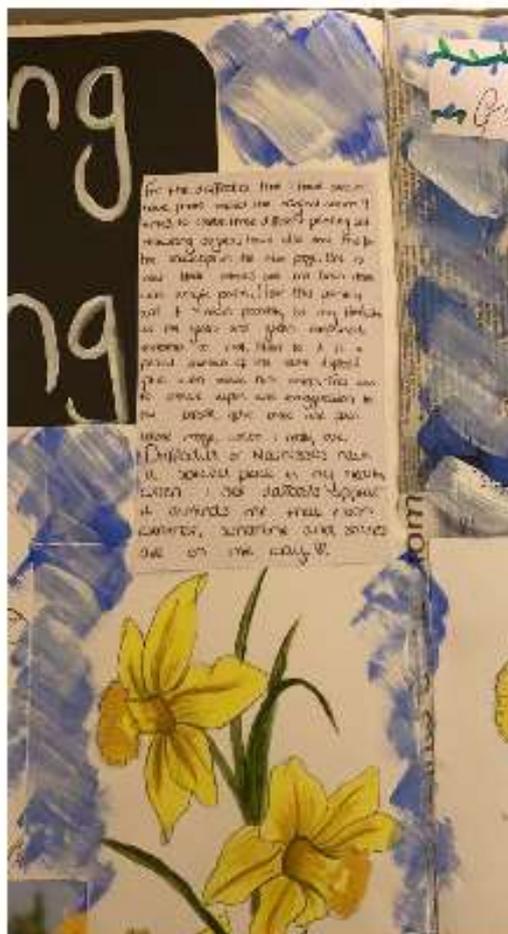


Lock down masterpieces

Ciara Medicott

Year 11

"Spring has Sprung"



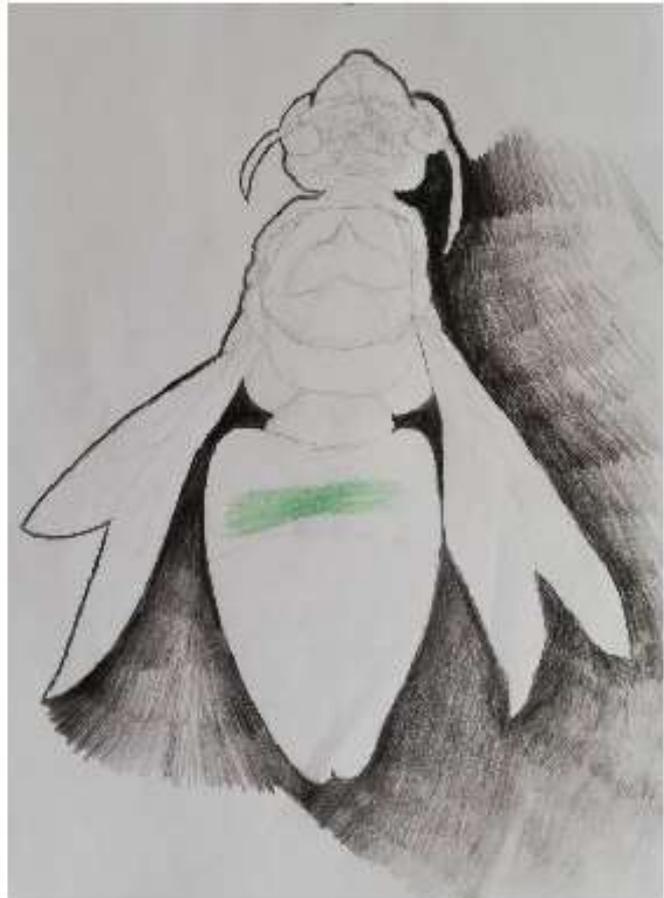
Look down masterpieces



Poppy Carr,

Year 7

Insect studies



6th Annual
Biomedical Conference



SHREWSBURY
HIGH SCHOOL

GDST
HELP FOR FUTURE LEADERS



So you want a career in medicine?

Everything you need to know about applying for Medicine

**A free online event on MS Teams for pupils in Year 10
and above who have an interest in careers in medicine.**

Saturday 13th March 2021
9:00am until 12:30pm

Register and find out more at:

Eventbrite or outreach@shr.gdst.net

01743 494000

outreach@shr.gdst.net

32 Town Walls, Shrewsbury, SY1 1TN

AGENDA

MORNING SESSION

- 09.00am **Welcome Address**
Ms J Sharrock (*Head, Shrewsbury High School*)
- 09.10am **Studying Medicine and problem based learning** – Dr Nicola Phillips
(Teaching Fellow and Admissions Tutor, Lancaster Medical School)
- 09.50am **Life as a medical student** - Jack Lyon, Year 5/6 (Manchester), Louisa Jeffries, Year 2 (Hull York Medical School), Tori Ainsworth, Year 1 (Sheffield)
- 10.30am **How to apply for Medicine at Lancaster incl. Personal Statements** –
Dr Nicola Phillips (Teaching Fellow and Admissions Tutor, Lancaster Medical School)
- 11.00am **Break**
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- 11.10am **The Medical School Interview** - Dr Adam Arshad (Step 2 Med)
- 12.00pm **Preparing for the BMAT** – Dr Nicola Phillips (Teaching Fellow and Admissions Tutor, Lancaster Medical School)
- 12.30pm **Closing address** - Mr D Payne (Deputy Head, Academic, Shrewsbury High School)

Virtual Find out More evening - Tuesday 9th March, 6 – 8pm

[Find Out More Evening \(scg.ac.uk\)](https://scg.ac.uk)

Explore the extras you get when you become an SCG student on our 'Find Out More' evening. Whether it's accessing help getting started at college, the clubs and societies that let you get the maximum out of your time with us, finding out how we will track your progress together, or getting a boost on taking the next steps into university or employment - we have dedicated teams to help you reach your full potential. join a live presentation and Q&A session from expert support teams including Student Services, Additional Learning Support and The Agency, at 6 pm

Virtual Careers Live – Monday 15 March 2021, 6 – 7pm

[Careers & job advice for School pupils & students \(scg.ac.uk\)](https://scg.ac.uk)

Take part in an online event packed with career ideas and gain access to our series of live employer talks. At 6pm you can join a live presentation explaining how to get the most from visiting the exhibition hall and get started with career planning. This will be followed by a live Q&A session where you can get your questions answered instantly by our team of experts.

ONLINE RESOURCES

A list of websites & apps that are helpful for managing mental health

NHS Every Mind Matters

www.nhs.uk/oneyou/every-mind-matters

This website offers a range of mental health advice as well as an interactive quiz that's designed to help you feel more in control of your emotional/mental wellbeing.

Kooth

www.kooth.com

This site contains free mental health support with their online counsellors. It is a free sign up service that has resources such as discussion boards, helpful tips/articles written by young people and an option for them to write mood journals & set positive goals.

Childline

www.childline.org.uk

A mental health charity for children & young people that has a wide variety of helpful videos, games and articles. They have a free telephone helpline (0800 1111) and message boards where young people are encouraged to share experiences and support each other in a positive way.

Papyrus

www.papyrus-uk.org

A mental health charity dedicated to preventing young suicide by providing support and resources for young people and their families. They have their "Hopeline" (Call: 0800 068 4141 / Text: 078600 39967 / Email: pat@papyrus-uk.org) for children and young people who are experiencing thoughts of suicide, or for anyone concerned for a young person that could be thinking about suicide.

Calm Harm

An app to help teenagers manage/resist the urge to self harm by providing a wide range of distraction techniques.

Combined Minds

This app contains psycho-education for parents, families & friends with practical advice on how to provide mental health support to children & young people.

Cove

A relaxing musical app that helps people try to capture their mood and express it by making music within the program and capturing it in a journal format. Note: you do not need to know how to play an instrument to use this app.

Stem4

www.stem4.org.uk

A charity that promotes positive mental health in teenagers as well as encouraging them to build resilience and manage difficult emotions via online resources.

YoungMinds

www.youngminds.org.uk

A mental health charity that gives help and advice for young people, as well as encouraging them to get involved in fundraising/campaigning to raise awareness for children & young people's mental health.

Samaritans

www.samaritans.org

A charity that offers mental health support & information online for everyone. Their helpline is free and available to all ages. Call 116 123 or email jo@samaritans.org 24/7.

Child Bereavement UK

www.childbereavementuk.org/young-people

A site which has resources for young people who are grieving, as well as providing information & advice to families/professionals on how to best support a young person who is bereaved. A helpline is also available on 0800 028840.

Clear Fear

An app to help children & teenagers manage anxiety through distraction & helpful activities.

Calm

A mindfulness app that includes various relaxing sounds to listen to as well as "sleep stories" & some guided meditations.

Headspace

A mindfulness app that has more of a "podcast feel" to it with various talks, guided meditations and helpful videos available.

