TRUSTED SPORTS ALLIANCE

INSIDE THIS

Introduction 1

Primary 2/3
Teaching

Primary 4/5
Teaching

Events 6

Events 7

Up and 8 Coming

Events



South Shropshire Partnership News

AUTUMN TERM 2023

Introduction to Trusted Sports Alliance in South Shropshire

The team is made up of Lyndsey Dillon head of Trusted Sports Alliance in the South,

Abbie Beamond and Hannah Morgan – we are all PE teachers with many years of experience in secondary and primary PE.

After a "come and try it" year last year, we began in earnest from September– 14 schools started the year with us from September buying in to one of our packages – Bronze / Silver or Gold. Our Calendar of events aimed at supporting the 5 key indicators for the school Games programme and have a variety of opportunities for all ages and abilities to access. We also trained Bronze ambassadors / playground leaders so they could support the 60 active minute initiative. We also supported schools this half term to get Ofsted ready. After a very positive start 2 new schools knocked on the door we are delighted that Corvedale and Clun have joined the team now.





Awesome Autumn sport in the South

In the first term of events, we are proud to say that 15 schools and over 1,700 children have been involved in festivals, events, and leadership outside of their school environment!





Primary Teaching

Delivery by Abbi Beamond

Onny and Lydbury North

KS1 have been doing multi-sports (having a sense of space and using equipment) this half term. The children have been focusing on achieving throwing, spatial awareness, kicking, moving, and catching. They have used a variety of different equipment including bean bags, soft and hard balls, tennis balls and netballs. The children have put these basic skills into a simple game situation. KS2 have been looking at Football, they have been using a range of techniques when passing, shooting, and controlling the ball. These classes have also learned how to defend and attack effectively in a football game. They have also developed positional awareness in the field of play and demonstrate confidence to play in a preferred position.

Burford

Class 4 (Y4/5) and Class 5 (Y5/6) have been Dancing! Pupils have demonstrated a variety of dance disciplines / styles including modern, cultural, country and hip hop. In groups/pairs the children have composed their own creative and complex dance routines using motifs, rhythm, space, and structure by exploring and improvising ideas for dances in different styles. They have showed great enthusiasm and improvement.

Ludlow Primary

Y3 have been learning to play High 5 Netball. The children have been focusing on achieving throwing, spatial awareness, moving and catching. They have developed their passing technique using a variety of different equipment including beanbags, soft and hard balls, tennis balls and netballs. They have also learned the footwork rule as well as how to attack and defend in High 5 Netball. The children have put these basic skills of throwing, catching, passing and footwork into a simple game situation. The team are also going to compete the Ludlow league.

Bishops Hooper

This half term Miss Beamond has been teaching multi-sports (having a sense of space and using equipment) to KS1. The children have been focusing on achieving throwing, spatial awareness, kicking, moving, and catching. They have used a variety of different equipment including beanbags, soft and hard balls, tennis balls and quoits. The children have put these basic skills into a simple game situation.

Primary Teaching continued

Delivery by Abbi Beamond

Longnor

KS1 have had a block of multi skills, the pupils have been focusing on throwing, spatial awareness, kicking, moving, and catching. They have used a variety of different equipment including beanbags, soft and hard balls, tennis balls and quoits. The children have put these basic skills into a simple game situation.

KS2 have been learning football, they have been using a range of techniques when passing, shooting, and controlling the ball. These classes have also looked at how to defend and attack effectively in a football game, understanding some tactical awareness that they used in the football tournament. They have also developed positional awareness in the field of play and demonstrate confidence to play in a preferred position.

Delivery by Hannah Morgan

Bishop Castle

It has been an excellent start to the school year for PE within the Bishops Castle area. Bishops Castle Primary school have Mrs. Morgan in on a Thursday to deliver PE lessons from class 2-5. Last half term; class 2 focused on fitness, class 3 and 4 completed football and class 5 netball. All classes made excellent progress, developing their skills within each sport, as well as their understanding of tactics and developing their teamwork and communication. Certificates were also handed out to one child from each class who demonstrated the best effort levels across each lesson. Well done to all those children! During last half term, 4 students from class 5 participated in the Bronze Ambassador training at Ludlow. They have made a fantastic start in their role as leaders, and have even begun to lead the warm ups for class 5 at the beginning of every PE lesson. This half term; class 2 move onto invasion games, class 3 netball, class 4 gymnastics and class 5 hockey. Mrs. Morgan looks forward to another great half term, and being able to award lots of marbles for excellent lessons and certificates at the end of the half term. Football club also began this half term, and it was fantastic to see so many students turn up to the first session!

Primary Teaching

Delivery by Lyndsey Dillon

Bishop Hooper

This term the year 3 /4 and 5 /6 have had a block of work in Football in preparation for the Football tournament and a Block of work in Tag Rugby again with a focus on getting a team ready to play in the tournament after Christmas. Regardless of the thought of the team at the end of=f the block all pupils have progressed brilliantly with their close control of the ball, passing on the move and into space and marking. The pupils played many small, conditioned games to get their understanding of why the skills are needed in the game. It was great to see the developing confidence in the pupils that lacked confidence at the start. At the end of each block of work pupils are rewarded with certificates for the best performance and effort. In the second half term the pupils are learning Tag rugby – they are being challenged by remembering to pass backwards, being onside and being brave on the run, I hope to get a good side to play against other schools. Miss Dillon also runs an after school club where we have been doing high 5 Netball, the popularity of the club grew throughout the term which was great – the pupils were asked to represent the school in the High 5 league in Ludlow. Also the bronze ambassadors who were trained in September have been fantastic – helping warm the younger pupils up and have run the intra house boccia competition which was excellent.





St Lawrence

The first half term the 3 classes in year 1/2 were taught fundamentals – this comprised of movement patterns that allow the development of the physical literacy that enables all sport to develop from such as changing direction, finding space, skipping, hopping, jumping. We also learned to send and receive equipment working with someone else and competing

against them. The pupils were very good at listening skills and the effort was brilliant. The pupils were proud to receive certificates for effort and performance. This half term the year 5 /6 pupils have been using the facilities at Church Stretton for the delivery of Netball, this allowed the pupils to play full games and understand the positions which would not have been possible on the playground. They also learned the basic passing, footwork and marking rules. I have been delighted with the keenness of learning and development. I also have taught reception- they have been looking at fundamental movements, they are very good at listening and freezing in space and are developing their sending equipment using "tick tock lock". The Bronze Ambassadors also completed their first intrahouse competition of Boccia, apparently it went really well!











Primary Teaching Continued

Delivery by Lyndsey Dillon

Stokesay Primary School

There has been a lot going on at Stokesay since September, the year 4/5 spent the first half term learning about leadership and playleader training and are now deployed on a rota to go to KS1 playground every Iunchtime, they are helping to increase the active playtime in line with the 60 active minute initiative. Year 3 /4 an 6 spent the first half term learning the skills and rules of High 5 netball, the younger years looked at developing the basic skills of sending, receiving in different ways, footwork and creating space whilst the older pupils developed those skills into positioning and playing the game. The year 6 players went onto play in the CSS league and performed really well. This half term the KS2 pupils are learning tag Rugby, looking at how to handle the ball on the move, how to send the ball, tagging and the rules of offside. The aim will be to get a team to represent in the Tag rugby next half term. KS1 pupils have looked at fundamentals, EYFS have explored ways of moving, finding space, balancing, jumping, throwing and catching all with themes to inspire imagination. Y1-2 have also looked at these skills but with more complexity they have jumped in different ways, played competitive games to put pressure on moving quickly in space and closing others space down. KS1 are all now looking at gymnastics, so far, they have looked at basic shapes and travel and stared to look at I rolls and sequence work. Year 6 Bronze Ambassadors have completed the first intra house boccia which was very well organized and much fun. The house system is up and running well and by Christmas we will see which big cat group will be crowned the champs.







Wistanstow Primary School

At Wistanstow year 2-6 pupils take part in PE with Miss Dillon and Miss Pinches on Thursday afternoons. The pupils followed a block of work on football, learning the basic skills of controlling the ball, dribbling, passing, goalkeeping, the older pupils spent more time looking at small, conditioned game play and finished with a mini competition in order for assessment. The school have also represented in the football competition and the recent Netball league. The Bronze ambassadors also led the boccia intra house competition at the end of the first half term – creating a new warm up

game and running the event really well, the pupils loved it. This half term we have looked at fitness and so far have completed a number of baseline assessments for different aspects of fitness, such as agility, speed, stamina, balance and strength.







Events

Bronze Ambassador training

All of our schools who joined from September have a workforce now in place and most have completed their first Bronze Ambassador event. The leaders selected from year 6 and by their teachers for qualities that reflect a good sports role model all came together to get trained up be Miss Dillon, they were trained in target activities- boccia / kurling and archery, therefore allowing all pupils back at their school to access the competition regardless of ability.

X country races at Cardingmill Valley

627 years 1-6 pupils from 12 of our schools took part in the XC at Cardingmill valley this year. With the help of Tom Blackwell and his group of NT volunteers and CSS amazingly fit and super positive leaders, the 3 race days were an amazing success —many proud pupils, parents and teachers cheered watching the huge smiles, muddy limbs and determined young runners master the ups, downs and overs of the varied courses mapped out. I am looking forward to the orienteering and the charity run in March!









KS1 Invasion festival



190 year 1- 2 pupils came to CSS to take part in a carousel of fun activities designed to improve their movement patterns, finding space, sending, and receiving and control with equipment. The CSS leaders worked hard to create a happy, positive learning environment. The KS1 pupils made new friends and were brilliant.



KS2 Football tournaments

Year 5 /6 girls and boys tournament at CSS was a great success even the rain didn't last too long! We had 7 schools taking part with 93 footballers all competing in a round robin tournament. The standard of play was good, with some individual fab performers, but what made it brilliant was the team spirit and sportsmanship shown. For the boys competition St Laurence's 3rd,





Longnor 2nd, Condover 1st. For the Girls Rushbury 3rd, Condover 2nd, Longnor 1st!

| High 5 Netball leagues

The high 5 Netball leads onto the School Games Final therefore the leagues will play over 2 weeks both at CSS and Ludlow – the top 2 teams from each league will attend a final competition to see which school will represent the South in the School Games Finals in March! In CSS we have 7 schools with 69 pupils and in Ludlow we have 6 schools with 67 pupils! The leagues ran really well and as it was over 2 weeks allowed for schools to improve their game play after the first week. The leaders were also developing their skills and confidence as umpires even though many are players it is a different skill. The teams that are meeting in the final are











Events

<u>Inclusion – target festival</u>

With 8 schools, 22 teams and 79 KS2 pupils the target event was a great success, the aim of the afternoon was to have a go in a non-competitive wat, Boccia, Kurling and Archery as well as making friends with new people. All children had a good time, the Ludlow leaders did a super job of explaining the games and encouraging the children.





Bishops Castle Football League

Community College have also begun to run their primary festivals this half term. The first being year3/4 and year 5/6 Football. This was an excellent event attended by Bishops Castle Primary School, Lydbury North Primary School and Wistanstow Primary School (51 pupils in total). There were some great games played, some excellent goals scores, and some brilliant defending, as well as children demonstrating excellent team work as our school games value for this half term.

Ludlow Football League

The year 3 /4 girls' and boys' tournament at Ludlow had 5 schools and 72 pupils. Once again, the standard of play shocked particularly the leaders, the teams were very well matched, the boys played a round robin and the top 2 teams played in a final whilst the 3rd and 4th played in a playoff, the play- off for 3rd went down to penalties which was very exciting but also hard on Bishop Hoopers goalkeeper, he was a star and his team were so supportive, well done to the Ludlow team who came 3rd. The final game was equally tense Corvedale won by 1 goal the round robin only to come second to Burford in the final – it was gripping! Well done to both. The girls' teams played 2 games against each other after some coaching and them played a fun mixed game as there was only 3 teams- they really enjoyed the afternoon and were able to support the final games too. Bishop Hooper came away with the teamwork award.





COMING UP NEXT TERM!

In the spring we are looking forward to:

Sports hall athletics

Indoor cricket

Tag rugby

Year 3 engagement day

Basketball

Tennis

Charity run

KS1 target festival

Orienteering

Netball final

MORE BA intra house comps

