

Coronavirus (COVID-19)

What is it, how can I minimise risk, what are the symptoms?

Delivered on 17/3/2020

How serious is the coronavirus?

- It can cause flu-like symptoms, including fever, cough & difficulty breathing.
- The infection is not serious for most people, including children.
- Most people get better with enough rest, water to drink and medicine for pain.
- There is currently no vaccine.

How likely are you to catch the virus?

- You can only catch it if you have been close to a person who has the virus.
- The chance of being in contact with the virus is currently low in the UK.
- If you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China or Italy and any other affected areas.

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it
with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser

Washing your hands

You should wash hands with soap & water or hand sanitiser



After breaks
& sport
activities



Before
cooking
& eating



On arrival at
any childcare
or educational
setting



After using
the toilet



Before
leaving
home

Other things to be aware of.....



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels

What are the symptoms....

- A fever (high temperature)
- A Cough
- Shortness of breath/breathing difficulties

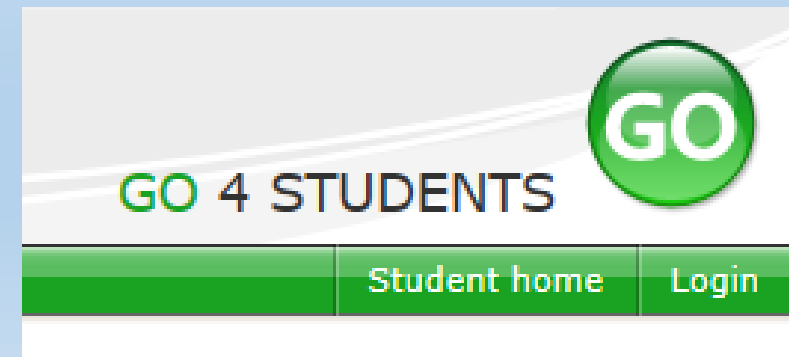
Current advice.....

- In the UK, the medical advice is now that anyone with a cough or high temperature should stay at home for fourteen days keeping away from other people, including those in your home if you can. This applies to everyone, regardless of whether they have travelled abroad.
- If you get worse or your symptoms last longer than seven days, you should call NHS 111.
- For more information there is a dedicated coronavirus website

<https://111.nhs.uk/covid-19>

Accessing work online

- GO4Schools
- Office 365
- SharePoint



Go 4 Schools

Welcome!

This is the GO 4 Schools login page for Students

In order to login, you will need to use the email address that your school holds for you.

If you don't have a password yet, or have forgotten your password, you can request a password reset email using the [First-time User?](#) and [Forgotten your Password?](#) links.

If you are having problems logging on, please contact your school.

Email address:

Password:

Remember my email address

[First-time User?](#)

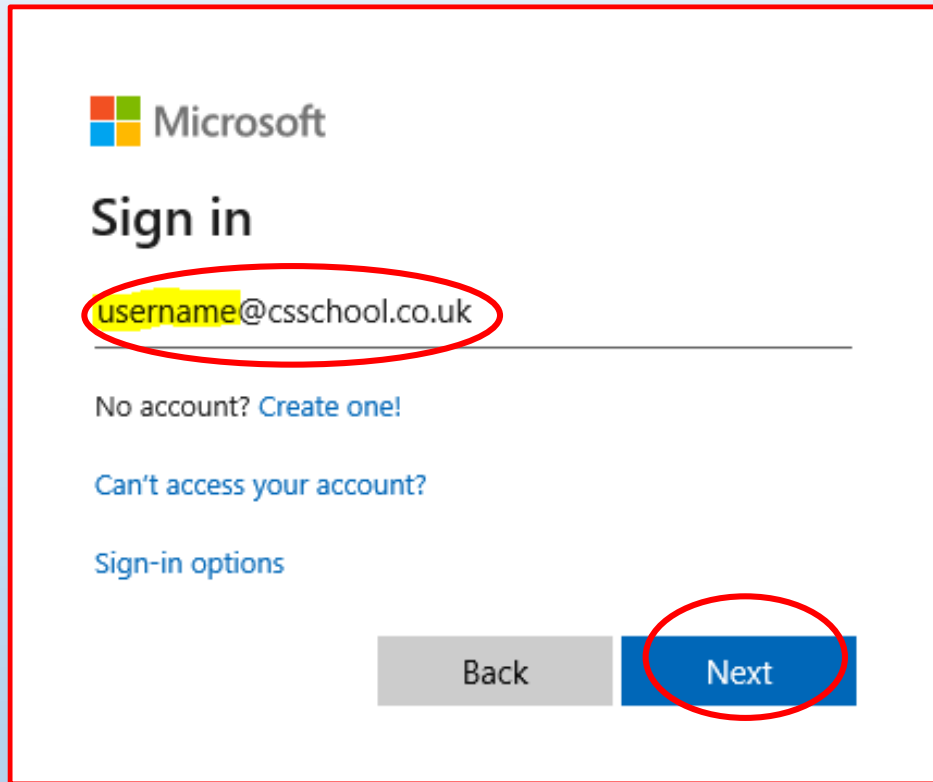
[Forgotten your Password?](#)

GO 4 Schools Student App

If your school uses GO 4 Schools, they can add the GO 4 Schools mobile app to make it even easier for you to see your timetable, homework, behaviour records, attendance, etc. What you will see depends on which GO 4 Schools modules your school has subscribed to. View the [Mobile App - Quick Start Guide](#) for further details.

The GO 4 Schools Student App is free for students to download from the Apple and Android App stores, but you will not be able to log in unless your school has a current GO 4 Schools subscription that includes the App, and they have granted you access. **Your school will let you know if and when they have added the App to the school's subscription.**

Office 365



Microsoft

Sign in

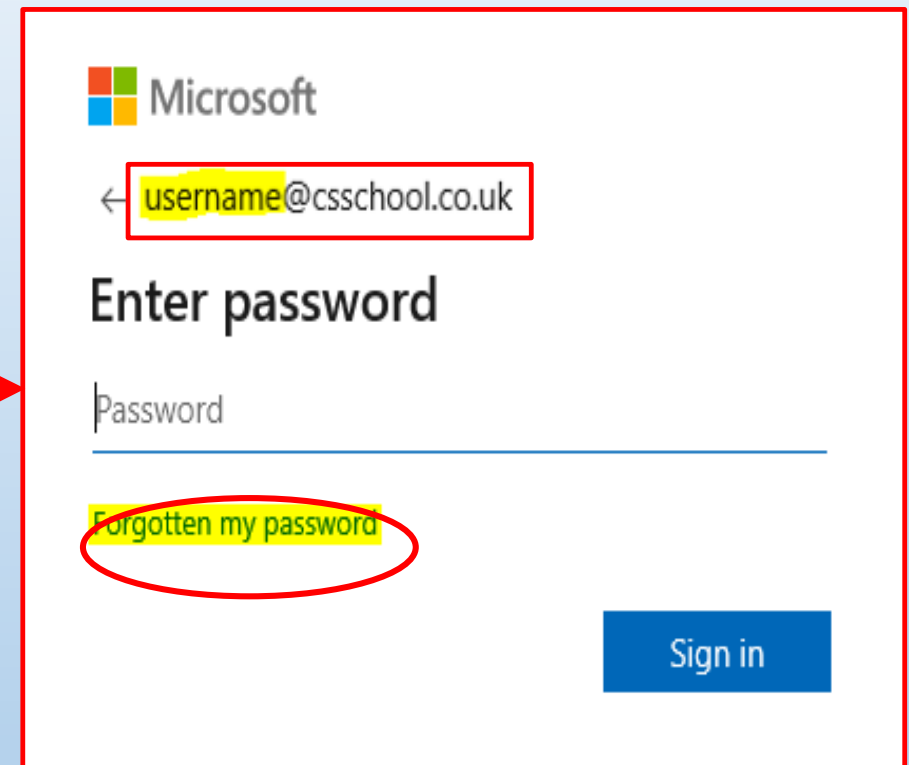
[username@csschool.co.uk](#)

No account? [Create one!](#)

[Can't access your account?](#)

[Sign-in options](#)

[Back](#) [Next](#)



Microsoft

[← username@csschool.co.uk](#)

Enter password

Password

[Forgotten my password](#)

[Sign in](#)

Get back into your account

Who are you?

To recover your account, begin by entering your user ID and the characters in the picture or audio below.

User ID:

username@cssschool.co.uk

Example: user@contoso.onmicrosoft.com or user@contoso.com



ppd5lmm

Enter the characters in the picture or the words in the audio.

Next

Cancel

You can't reset your own password because password reset isn't available with your organisation's licence.

You must **contact your administrator** to both reset your password and check your organisation's setup.

A new password will be sent by email to your parent or carer

If you get stuck trying to get access to work...

Email the Head of Department for that subject, the email addresses are on the school website.

